

Train yourself for godliness. Physical exercise does a little good, but godliness will benefit you in every way, both in this life and in the next (paraphrase of 1 Timothy 4:7-8).

Hymn Recording, "Holy in You": <http://www.lnwhymns.com/data/mp3/371.mp3>

Lyrics, Music, & Devotional Reading: <http://www.lnwhymns.com/Hymn.aspx?ID=371>

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