

(Topics, Lead-in, and Lead-in Devotional Reading below)

# Psalm 69

♩ = 88

Bunis. Bm7 Em  $\frac{Em}{B}$  B+ Em  $\frac{Em}{G}$   $\frac{Bm7}{F\#}$  Em Bm7 Em  $\frac{Em}{B}$

1. O - ver - whelmed by Your sor - row, You cry out for re - lief,  
 2. As they tor - tured and taunt - ed In their hate un - re - strained,  
 3. O what bit - ter in - just - ice! O what wick - ed de - light  
 4. As we share in Your suf - f'ring, As we share in Your shame,

Em Em Am Am7  $\frac{Em}{G}$  Em Am  $\frac{Am}{B}$   $\frac{Am}{C}$   $\frac{Am6}{C}$  B sus B

With com - pan - ions sur - round - ing, Yet a - lone in Your grief.  
 You en - dured all the suf - f'ring Ten - der love had or - dained.  
 As their God groaned and suf - fered That their wrong be made right!  
 We will glow with Your glo - ry And the pow'r of Your name.

### Refrain

$\frac{C}{D}$   $\frac{CM7}{D}$  G D<sup>7</sup> sus D<sup>7</sup> G Em  $\frac{Am}{F\#}$  B+ B C

As we fol - low You, Sav - ior, E - ven loss is great gain,

Bm7  $\frac{Bm}{A}$   $\frac{Em}{G}$   $\frac{Em}{A}$   $\frac{Em}{B}$  Em B B+ B<sup>7</sup> Em

For by shar - ing Your pain, We share in You.

WORDS: Ken Bible  
MUSIC: African-American Spiritual and Ken Bible

TRYIN' TO GET HOME 2  
7.6.7.6.w.Ref.

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TOPICS: Jesus' Suffering & Death; Lent-Easter; Patient Endurance; Psalm Hymns; Suffering for Christ; Tunes, Spirituals

LEAD-IN: *Save me, God,  
For the waters have threatened my life.  
I have sunk in deep mud, and there is no foothold;  
I have come into deep waters, and a flood overflows me.  
I am weary with my crying; my throat is parched;  
My eyes fail while I wait for my God.  
Those who hate me without a cause are more than the hairs of my head;  
Those who would destroy me are powerful,  
          those who oppose me with lies....  
They also gave me a bitter herb in my food,  
And for my thirst they gave me vinegar to drink.  
(Psalm 69:1-4a, 21, NASB)*

LEAD-IN DEVOTIONAL READING:

## Reflection on Psalm 69

Overwhelming suffering,  
crushing sorrow,  
deep distress,  
shame,  
humiliation,  
weeping,  
deprivation,  
injustice,  
false accusations,  
misunderstanding,  
searing pain,  
rejection,  
utter loneliness –

all these are elements of our  
    human experience in  
    this fallen world.  
As the ultimate human being,  
    Jesus experienced  
    all of these to  
    the ultimate degree.

As we deny ourselves,  
    take up our crosses, and  
    follow Him,  
we share in His sufferings,  
for we live His life of  
    self-giving love  
    in this wicked and hateful world.

But as we share in His sufferings,  
    we share in His glory.  
As we share in His surrender,  
    we share in His victory.

As we share His faith in the Father  
we breathe His  
constant,  
comforting  
all-powerful presence.

As we share in His self-sacrifice,  
We share in Him.

*Whatever things were gain to me,  
these things I have counted as loss because of Christ.  
More than that, I count all things to be loss in view of  
the surpassing value of  
knowing Christ Jesus my Lord,  
for whom I have suffered the loss of all things, and  
count them mere rubbish,  
so that I may gain Christ, and  
may be found in Him,  
not having a righteousness of my own derived from the Law,  
but that which is through faith in Christ,  
the righteousness which comes from God  
on the basis of faith,  
that I may know Him and  
the power of His resurrection and  
the fellowship of His sufferings,  
being conformed to His death;  
if somehow I may attain to the resurrection from the dead.  
(Philippians 3:7-11, NASB)*

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