

Ashes to Ashes

*We do not lose heart.
Though outwardly we are wasting away,
yet inwardly we are being renewed
day by day.
(2 Corinthians 4:16, NIV)*

We're all engaged in a battle to
keep our bodies
 healthy and
 attractive.
It is a worthy effort.

But it is a battle we will lose.
Our bodies will decay and die.
It is happening right now.

On the other hand,
that inner core of your life,
 that relationship with God,
 that inner life you share with Him,
can grow more and more healthy
 as time goes by,
 no matter what happens to your body.
That is where your future lies.
That is where you should invest your effort.

Jesus, I look forward to
ever-increasing health in You.

Hymn: [Ashes to Ashes](#)