

Ashes to Ashes

We do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day. (2 Corinthians 4:16, NIV)

We're all engaged in a battle to keep our bodies healthy and attractive. It's a worthy effort.

But it's a battle we will lose. Our bodies will decay and die. It's happening right now.

On the other hand, that inner core of your life, that relationship with God, that inner life you share with Him, can grow more and more healthy as time goes by, no matter what happens to your body. That's where your future lies. That's where you should invest your effort.

Jesus, I look forward to ever-increasing health in You.

Hymn: [Ashes to Ashes](#)

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