

Psalm 71: Trust and Praise

Read Psalm 71:9-24

In vv.9-13 the psalmist lays out his concerns in more detail. Psalm 71 is sometimes called “The Prayer of an Old Man”, and that description comes primarily from these verses. Now that he is older, he knows that he is weaker. He feels his vulnerability. Enemies are conspiring to take advantage of him, thinking he is easy prey. Thus he asks God for help and salvation that only He can give.

I love it when he looks up, as he does again in vv.14-18, and expresses a warm and determined trust in Almighty God. Here he specifically resolves to do several things in the midst of his trouble. Will you join me in resolving to do these things when concerns first begin to press in on you?

- Lord, I will continually hope in You (v.14a).
- I will praise You more and more (v.14b).
- All day long I will tell of the mighty and wonderful things You have done to save me (v.15-16).
- I won't be silent until I have told the next generation just how great and powerful You are (vv.17-18).

Have you ever noticed how such trust tends to spill over in praise to God? It happens here in vv.19-24. As the psalmist focuses his eyes on God, he is carried away with His magnificence.

- Your righteousness reaches to the heavens! (v.19a)
- You have done great things! (v.19b)
- O God, who is like You? (v.19c)
- You have allowed me to see many troubles, but I know You will revive me and restore me and bring me back up from the depths (v.20).
- I know that when Your time is right, You will honor me and comfort me (v.21).
- I will praise you with all the joyful music my heart and my mouth can make! (vv.22-23)
- In the end, I know I will tell everyone that everything You've ever done is right and wonderful! (v.24)

Listen & Sing: [Isn't He Good?](#) (from [LNWhymns.com](#))