

The Music of Prayer

Truly my soul finds rest in God.
(Psalm 62:1, NIV)

At the end of a workday,
sometimes I'm so tired and tense that
even my favorite music doesn't help.
It just increases the noise.
I try different recordings,
but even the most soothing irritates me.

Then through the tension and noise,
I hear a quiet voice calling me to pray.

When I finally give in,
I find that nothing soothes and quiets my heart
like the music of prayer.

Lord, fill my life with
the music of prayer.

*Lord, as I become more and more
aware of Your presence,
fill my heart with
the joy of being with You, with
the desire to share in all You are.
Fill my heart with
Yourself, my Lord.*

Hymn: [It's So Good to Be with You](#)

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