

God is our refuge and strength, an ever-present help in trouble. (Psalm 46:1, NIV)

Continual Dependence

Life is full of perils and hidden reefs on which we will shipwreck without the continual help of God. We must pray for His help unceasingly.

But how can we pray to Him unless we are with Him? How can we be with Him unless we are often thinking of Him? How can we be often thinking of Him without forming the holy habit of doing so? Turned to Him, resting in His presence, we can there ask for the grace we need each moment of life.

We live in a world full of evil. Don't be surprised when you hear of some great wickedness. Immediately bring the matter to God, and intercede for the sinner. Then leave it there and continue in His peace, rejoicing in Him.

Hymn: [I Quiet Myself in Your Love](#)

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