

## This Is the One We Follow

Look at Jesus hanging on the cross.

See Him as He truly was:

the blood,  
the nakedness,  
the pain wrenching His body.

See Him humbled,

repulsive,  
dying,  
abandoned.

This is your God.

This is His passionate love.

This is our Leader,

our Shepherd,  
the One we imitate.

This is our goal,

our ambition,  
our Way,  
our Truth,  
our Life.

This is the standard that guides

every day and  
every decision.

This is the way we deny ourselves.

This is the cross we carry.

This is the One we follow.

Hymn: [Christ Crucified](#)