

## In Spirit and Truth

*The woman said to Him...“Our fathers worshiped in this mountain, and you people say that in Jerusalem is the place where men ought to worship.”*

*Jesus said to her, “Woman, believe Me, an hour is coming when neither in this mountain nor in Jerusalem will you worship the Father...An hour is coming, and now is, when the true worshipers will worship the Father in spirit and truth; for such people the Father seeks to be His worshipers. God is spirit, and those who worship Him must worship in spirit and truth.” (John 4:20-24, NASB)*

Father, You are Spirit.

The worship that pleases You is  
my spirit to Yours.

Worshiping You does not depend on  
ceremony or style, on  
rituals or prescribed motions.

You want worship that is honest, sincere, and unhypocritical,  
with no gap between my words and my actions.

You seek worship that rises from my heart and my life,  
not just from my lips.

That is the worship I want to bring You, my Father.

I want my Sunday worship to simply rehearse the way I live  
all week long.

**Hymn: [Holy Father, Only You](#)**