

My soul finds rest in God alone. (Psalm 62:1, NIV)

Deep Peace

As we develop a habit of continual prayer, our relationship with God grows. We are at rest in Him. Our spirit is satisfied in His presence.

In a sense, we live as if it is only God and us in the world. We are always together and converse naturally. We gain a holy freedom in Him. We ask whatever we need, and He pours unexpected graces on us. Our trust deepens. We rejoice with Him in a thousand daily ways.

This communion with God is held in the depths of the soul, at its very center. We can speak to God heart-to-heart in a wonderful peace. Exterior concerns are only a fire of straw: the more they flare, the sooner they are burnt out. Such concerns need not disturb our inner peace.

Hymn: [Peace in Christ](#)

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