

As a father has compassion on his children, so the LORD has compassion on those who fear him; for he knows how we are formed, he remembers that we are dust. (Psalm 103:13-14, NIV)

Distractions

Has something distracted you from your continual conversation with God? Don't blame yourself or worry. Simply turn to God again, no matter what you are doing. No activity need separate us from Him, as long as our heart is still His.

Continue to displace meaningless distractions with simple prayer. Make yourself always His. Lift up your heart to Him. Turn a loving gaze toward Him. Speak to Him with words like, "See, my God, I am entirely Yours," or "Lord, make me pleasing to Your heart."

Hymn: [I Fix My Thoughts on You](#)

by Brother Lawrence and Ken Bible, © 2009 by Ken Bible, c/o LNWhymns.com