

In Gethsemane

Matthew 26:36-46

In Gethsemane, we see the full humanity of Jesus.
Any notion that the crucifixion was somehow easier for Him
is dispelled here.
As He ate His final Passover with His disciples,
we sensed His burden.
But now, the weight seems to be almost crushing Him.
He tells His disciples,
“My soul is overwhelmed with sorrow to the point of death.” (Matt. 26:38, NIV).
He reaches out for their support,
but they sleep,
leaving Him all alone.
He falls on His face before God.
His sweat becomes like drops of blood.

Physically, He is facing extended torture and an excruciating death.
Emotionally, He is already under tremendous pressure, and
soon complete isolation and humiliation will be added.
Spiritually, He is about to experience a sense of separation from the Father
Who has been His constant companion and strength.

Jesus is in the final hour before his horrible ordeal.
How does He spend it?
He doesn't resort to recreation or
diversion or
bodily rest.
He prays.
The disciples are asleep, and
when the pressure comes,
they will crumble and scatter.
Jesus prays.
And when the pressure comes,
He will be at peace.
In His most vulnerable moments,
He will be strong in the strength of Almighty God.

Throughout His life, His Father has been
His companion,
His confidence,
His food,
His constant focus.
And now, as every fiber of Jesus' being is screaming for escape,
He does what He has always done:
He trusts His Father and depends on Him alone.

Hymn: [A Garden in the Night \(BOYLSTON\)](#)

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