

*Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me. (Psalm 23:4, NIV)*

## **Don't Fear Sufferings**

Don't fear sufferings. Don't fear anything but God. He is present with You. Direct your concerns to Him.

Whatever He allows to come, He will give you the strength to bear it. When His strength comes, receive it as a sign of His tender care for you. Thank Him and take comfort in Him.

You are in God's hands. Trust His good purposes for you, and don't fear anything that people or circumstances can bring.

Resolve to live and die with God. Sufferings can be sweet when you are with Him, and the greatest pleasures are a cruel affliction without Him.

**Hymn: [When I Am Afraid](#)**

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