

## Why Have You Forsaken Me?

As Jesus was dying on the cross,  
in the darkness and pain He cried out,

*“My God, my God, why have you forsaken Me?”* (Matthew 27:46, NASB)

With all that He was enduring,  
physically and  
emotionally,  
His deepest sorrow was feeling separated from His Father.

But He expressed His sorrow using the opening words of Psalm 22.  
That Psalm, filled with  
raw honesty and  
desperate cries,  
is an eloquent prayer of determined faith.  
Jesus was making that prayer His own.

In the grip of the very worst life can bring,  
Jesus showed the way for us.  
He expressed ultimate faith in  
the unchanging faithfulness of  
the Sovereign of the universe.

Even as Jesus felt  
helpless,  
utterly alone,  
separated from His Father,  
He turned to Him and  
trusted Him.

Hymn: [Psalm 22](#)