

Reflection on Psalm 1

O Father, how blessed and wonderful are
Your words to us!
Through them You freely share
Your deeds,
Your ways,
Your character, and
Your heart.

As I read, meditate, and pray over them,
You fill my mind and heart with Yourself,
O magnificent Father!
As I turn to You and
trust You day by day,
Your unbounded life courses through me and
keeps me fruitful and alive in You.
Without You, I am chaff –
dry,
lifeless,
worthless,
temporary,
quickly driven away by the winds of time.

With You and
in You
I am nourished by Your Spirit.
I am known and loved
as Your child.

Praise to You, my Father!

Hymn: [Psalm 1](#)