

Reflection on Psalm 39

My life here is a single breath.
I am a mist,
 a shadow,
 a sigh,
 a passing breeze.
I live but a few inches in this vast universe.

My possessions then go to another or
 are discarded.
All my grand plans and pretensions
 come to nothing.
They are as powerless and passing
 as the breath in my nostrils.
I am a brief noise,
 a minor disturbance, and then...
 silence.

But Almighty God,
 You are the fountain of being itself.
You are all wisdom,
 all knowing,
 all power,
 all perfection.
You are eternity.
You are life without boundaries,
 without beginning or end.

And as I trust in You, our Lord,
 I share in You and
 all You are –
 me, though I am less than nothing.
I share Your glory,
 Your excellence,
 Your life,
 Your holiness.

Almighty Father, all my hope,
 all my future
 is in You!

Hymn: [Psalm 39](#)