

Give Us Our Daily Bread #3

Daily dependence on God is not a burden. It is wonderful freedom! *Give us today our daily bread* lifts the weight of a futile concern for the future. It frees us to fully enjoy today. What a pleasure to accept each and every day from the loving hand of our Heavenly Father! Each need draws us closer to Him. Each provision reminds us of His presence and His love. Each meal becomes Thanksgiving.

Jesus taught us in Matthew 6:25-34 to look around at God's creation. The Father abundantly provides food and clothing for all His creatures, for all He has made.

We spend too much of our lives fretting about material things. We want, want, want, worry, worry, worry. But Jesus' prayer sweeps all our physical concerns into one simple prayer that asks only for today. No hoarding. No grasping for a security that will always elude us.

The rest of the Lord's Prayer is spent on God and our relationship with Him. This underlines what Jesus emphasizes later in the same chapter:

Seek first his kingdom and his righteousness, and all these things [the necessities of life] will be given to you as well. Therefore do not worry about tomorrow, for tomorrow will worry about itself. (Matthew 6:33-34, NIV)

What do you and your loved ones need today? Wisdom? Financial help? Physical or emotional strength? Bring your concerns to your loving Heavenly Father and begin to trust Him one day at a time.

*Father,
continue to nurture
my neediness for You.
Keep me hungry for You,
looking to You,
depending on You.*

Hymn: [Our Daily Bread](#)