

## Reflection on Psalm 102

Father, with every passing day  
I feel my frailty more and more.  
As I face my brevity,  
I grasp the truth more clearly:  
You are forever.  
You are unchanging,  
introducing Yourself anew to every generation,  
untouched by time.

My own neediness is helping me to  
know You,  
trust You, and  
find constant peace in You.  
As I grasp my weakness,  
I realize the Your inherent strength.  
You relate to us,  
not from a higher place,  
but from a higher being.

You created this universe for Your glory, and  
someday, it will have served its purpose.  
You will change it like a garment.  
But we share Your very being.  
We breath Your eternal breath.  
You share Your permanence with us.  
You are Everlasting Father, and  
we are Your children.  
You are our Source and  
our Destination,  
our entire reality.

Continue to teach me,  
continue to hold me,  
to draw me,  
to recreate me,  
O boundless, magnificent God!  
I am truly, eternally Yours!

Hymn: [Psalm 102](#)