

# Your Rest, Father

*Hebrews 4:1-11*

O Father,  
You speak so much life-changing truth,  
    but I act on so little.  
You give so many wonderful gifts,  
    but I fully accept so few.  
You offer such deep peace,  
    but how little I experience –

all because of my unbelief,  
because my heart is focused elsewhere.  
I spend too much of my life  
    desiring lesser things,  
    looking elsewhere for my  
        peace and  
        joy.

You offer me Your rest, and Lord,  
    that is what I want.  
I want to relax in Your doing,  
    not mine.  
I want my confidence to be in You,  
    not me.  
I want to find joy in Your goodness  
    rather than seeking to prove my own.  
I want every word, every act, every attitude to be done  
    from You,  
    through You, and  
    to You.

Father, You are holding out such a great salvation,  
    reaching to every need in  
    every corner of my life and being.  
In response, I am taking one step of faith to You  
    right now.  
Teach me.  
Guide me.  
Draw me.  
Fill me.

**Hymn: [Resting in the Lord](#)**