

Reflection on Psalm 34

O Father, as I look to You,
my heart fills with
 joy and
 light and
 praise in Your presence!
May it constantly overflow into
 my mouth and
 my life
so that everyone around can
 hear and see
 how great and good You are!

We cry out to You
 in joy or
 in trouble, and
You answer us.
You surround us with
 Your loving presence and
 Your faithful provision.

You don't hold us at arm's length.
In Your divine humility, You invite us to
 taste and
 see
how very good You are!

The more we taste,
the more we see,
the more life becomes
 knowing You,
 trusting You,
 praising You, and
 rejoicing in You.

O Father, I long to praise You
 always,
 with all my being!

Hymn: [Psalm 34](#)