

Reflection on Psalm 86

I like the peace and trust that
permeates this Psalm.

It doesn't have the frantic tone that many Psalms have.

Yes, it expresses honestly
its desperate situation and
its need,

but it does so with
calm confidence:

“Yes, Lord, I am
afflicted and
needy (v.1).

I cry to You all day long (v.3).

Arrogant, violent, godless men have risen up against me (v.14).

But I know You are still the
faithful,
loving,
great and
good God

that You have always been, and
I trust You.

Right here,
right now,
I trust You.”

The Psalm reminds me of Jesus Christ.

Even in the hour of
His greatest need and
His greatest suffering,

He continued to
trust His Father.

When surrounded by people anxious to
torture and execute Him,

He remained calm.

On the cross,
in the grip of unimaginable pain,

He spewed no bitter words.

He spoke of
forgiving others,
caring for His mother,
finishing His Father's work, and
committing Himself to the Father's care.

Father, in my hour of need,
help me to
 pray as Christ prayed and
 trust as Christ trusted.
Keep my heart and mind focused on
 You.

Hymn: [Psalm 86](#)

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